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## LUNCH MENU

SERVED DAILY 12PM - 3PM

Full a la Carte menu and  
 2 Course Special  
 for €22.50  
 Served from 3pm

### STARTERS

TODAY'S HOMEMADE SOUP served with a crispy roll & freshly made Murphy's stout & treacle brown soda bread	€5.75
AMBASSADOR AWARD WINNING SEAFOOD CHOWDER served with a crispy roll & freshly made Murphy's stout & treacle brown soda bread	€8.25
THAI FISHCAKE WITH SWEET CHILLI JAM served with local fresh green leaves	€8.50
CHICKEN LIVER PATÉ homemade liver & herb paté served with apricot chutney & melba toast	€7.95
PIRI PIRI CHICKEN CAESAR SALAD served with garlic croutons, grana padano, cos lettuce & crispy Parma ham	€9.95
BALLYCOTTON MUSSELS MARINIÈRE served with rustic crispy bread	Small €9.95 Large €15.95
CRISPY CHICKEN WINGS served with in house hot sauce, Cashel blue aioli & celery sticks	€7.95 €9.95
McGETTIGANS CHEESE & MEAT BOARD selection of local & international meats with Irish cheeses, melba toast & savoury crackers	€9.95 €12.95

### PIZZA

McGETTIGAN'S VEGETARIAN SPECIAL gourmet tomato sauce with Ardsallagh goats cheese, red onion marmalade topped with peppered rocket & black olives	€14.95
WEST CORK ITALIAN STYLE Buffalo mozzarella, gourmet tomato sauce, Clonakilty black & white pudding, crispy bacon & artisan sausage	€14.95
FOUR CHEESE SUPREME with red pepper compote topped with Cashel blue, Parmesan, Irish brie & Carrigaline cheddar	€14.95
PIZZA CAPRI chicken, ham, sweetcorn, mushrooms & buffalo mozzarella with our gourmet tomato sauce	€14.95

### McGETTIGANS GOURMET SANDWICH SELECTION

Choose your freshly baked bread - Rock salt & rosemary focaccia, ciabatta, sour dough baguette or brown soda bread

SLOW COOKED PULLED PORK served with a smoky BBQ sauce & Swiss cheese	€7.50
McGETTIGANS REUBEN Cork spiced beef, beetroot & carrot slaw, cos lettuce and Emmental cheese	€7.95
OPEN WILD ATLANTIC SALMON & CRAB with Atlantic prawns served with lemon & coriander mayo	€10.95
OPEN STEAK SANDWICH served with sautéed onions & mushrooms on a homemade sundried tomato & fennel bread, dressed with local leaves, chunky chips & pepper sauce	€15.95

### McGETTIGANS BURGER SELECTION

Served on Waterford blaa with beef tomato, cos, smoked paprika aioli and skinny fries

100% HOMEMADE IRISH BEEF BURGER topped with grilled streaky bacon & cheddar cheese	€15.50
CHARGRILLED CAJUN CHICKEN FILLET served with streaky bacon & cheddar cheese	€15.50
SEARED YELLOW FIN TUNA served with avocado, vine tomato, red onion, lime mayo & coriander	€15.50
PAN-FRIED FALAFEL BURGER with grilled cheddar cheese	€14.50

### MAIN COURSES

10oz RIB-EYE STEAK served with crispy shallots, grilled tomato, flat mushroom cap & chunky chips choice of Jameson & black peppercorn sauce or garlic & herb butter	€22.95
10oz SIRLOIN STEAK served with crispy shallots, grilled tomato, flat mushroom cap & chunky chips choice of Jameson & black peppercorn sauce or garlic & herb butter	€23.50
BABY BACK PORK (FULL RACK) served with buttered corn on the cob, BBQ sauce & chunky chips	€17.50
GRILLED FILLETS OF LEMON SOLE whipped chive potato served with a sundried tomato & caper butter	€21.50
GRILLED SALMON DARNE crushed new potatoes, served with a white wine dill sauce	€19.95
TRADITIONAL BATTERED FISH N' CHIPS fresh fillet of cod served with chunky tartar sauce & skinny fries	€16.50
MILD AND FRUITY CURRY served with fragrant rice, roasted vegetables & apricot chutney	€14.45
Add chicken	€2.00
Add prawns	€4.00

### SUPERFOOD SELECTIONS

SUPERFOOD SALAD spinach, feta cheese, avocado, tenderstem broccoli, pine nuts & organically grown local leaves	€14.00
Add Chicken	€3.00
Add Beef	€4.00
Add Prawns	€4.00
Add Smoked Salmon	€4.00

### SIDES

Skinny fries, smoked paprika aioli	€3.50
Beer battered onion rings	€3.50
Chunky chips, smoked paprika aioli	€4.00
Buttered seasonal vegetables	€3.50
Locally grown leaves in house dressing	€3.50
Sautéed mushrooms	€3.50
Sautéed onions	€3.50
Sweet potato fries	€4.00
Super food side salad	€5.00

### DESSERTS

WARM CHOCOLATE BROWNIE with vanilla bean ice cream	€6.50
TRADITIONAL APPLE & RED BERRY CRUMBLE vanilla custard	€6.50
McGETTIGANS RASPBERRY MESS served with whipped cream & hot raspberry compote	€6.50
LEMONGRASS & GINGER CRÈME BRULÉE with shortbread biscuits	€6.50
McGETTIGANS SHARING DESSERT SELECTION (For 2)	€9.95
SELECTION OF FARMHOUSE CHEESES	SML €9.95 LGE €12.50
with pickled cucumber, apricot chutney, exotic fruits & cheese biscuits	

If you are intolerant to any of the 14 legislative food allergens please let your server know

SUPPLIERS LIST We proudly support the following suppliers: Twomeys Butchers, O'Connells Fish, Keelings, Clona, La Rouse Foods

All of our poultry and beef is 100% Irish and traceable. Should you have any special dietary requirements please inform your server.