

Allergens:

- | | |
|-------------------|---------------|
| 1. Gluten & wheat | 8. Nuts |
| 2. Crustaceans | 9. Celery |
| 3. Eggs | 10. Mustard |
| 4. Fish | 11. Sesame |
| 5. Peanuts | 12. Sulphites |
| 6. Soya | 13. Lupin |
| 7. Dairy | 14. Molluscs |

If you are intolerant to any of the 14 legislative food allergens please let your server know

Military Hill, Cork
Tel: 021 453 9000

E: info@mcgettiganscookhousecork.ie
W: www.mcgettiganscookhousecork.ie
[Facebook.com/McGettigancork](https://www.facebook.com/McGettigancork)
[Twitter.com/McGettigancork](https://twitter.com/McGettigancork)

**LUNCH MENU**

SERVED DAILY 12PM - 3PM

2 COURSE SPECIAL

(Available 3pm-7pm Sun-Thurs, excluding bank holiday weekends)
Enjoy a Starter & Main Course or Main Course & Dessert
for €22.50

STARTERS

TODAY'S HOMEMADE SOUP	1, 7, 9	€5.95
served with a crispy roll & freshly made Murphy's stout & treacle brown soda bread		
AMBASSADOR AWARD WINNING SEAFOOD CHOWDER	1, 4, 7, 9	€8.95
served with a crispy roll & freshly made Murphy's stout & treacle brown soda bread		
CRISPY CHICKEN WINGS	1, 7, 8, 9	Small €7.95 Large €11.95
served with a choice of in-house sauce or smoky barbeque sauce		
CHICKEN LIVER PATÉ	1, 3, 7, 10	€7.95
homemade liver & herb paté served with apricot chutney & melba toast		
McGETTIGANS NACHOS	1, 7, 12	€9.50
served with a spicy tomato salsa, homemade guacamole & sour cream, topped with melted buffalo mozzarella cheese		

SALADS

SUPERFOOD SALAD	3, 7, 8, 10	€14.00
spinach, feta cheese, avocado, tender stem broccoli, pine nuts & organically grown local leaves		
CAESER SALAD	1, 3, 7, 10	Small €9.95 Large €14.00
served with garlic croutons, Grana Padano, cos lettuce & crispy parma ham		
BLACK & BLUE SALAD	1, 7, 10, 12	€15.95
Clonakilty black pudding, cashel blue cheese, poached pear, red onion mixed leaves & house dressing		
MEDITERRANEAN SALAD	7, 10	€11.50
buffalo mozzarella, cherry tomato, green olives, red onion with rocket, spinach & warm dressing		
add chicken		€3.00
add beef		€4.00
add prawns	2	€4.00
add smoked salmon	4	€4.00

MAIN COURSES

TRADITIONAL BATTERED FISH N' CHIPS	1, 4, 7, 8, 10, 12	€16.50
fresh fillet of cod served with chunky tartar & skinny fries		
10oz SIRLOIN STEAK	1, 7, 8, 9, 12	€26.00
served with crispy shallots, grilled tomato and chunky chips, a choice of Jameson peppercorn sauce or garlic & herb butter		
McGETTIGANS STEAK SANDWICH	1, 7, 8, 9, 10	€15.95
steak sandwich served with mushrooms & onion, a choice of garlic butter or pepper sauce & skinny fries		
ROAST CHICKEN	7, 9, 12	€17.50
served with potato gratin, tenderstem broccoli, red pepper relish & a mushroom & tarragon cream sauce. please allow 20 minutes cooking time		
HOT & SWEET THAI RED CURRY	2, 4, 8, 9, 11, 13	€14.45
served with fragrant scented rice, roasted vegetables & apricot chutney		
add Prawns	2	€4.00
add Chicken		€2.00
PIZZA FOR TWO TO SHARE	1, 6, 7, 13	€19.95
served with salad & skinny fries		

McGETTIGANS BURGER SELECTION

served on Waterford blaa with beef tomato, cos, sundried tomato aioli and skinny fries

IRISH WAGYU BEEF BURGER	1, 3, 7, 8, 10, 12	€15.75
topped with grilled streaky bacon & mature cheddar cheese		
CHARGRILLED CAJUN CHICKEN FILLET	1, 3, 7, 8, 10, 12	€15.50
served with streaky bacon & mature cheddar cheese		
PAN-FRIED FALAFEL BURGER	1, 3, 6, 7, 8, 10, 12	€14.50
with grilled mature cheddar cheese		

SUPPLIERS LIST

We proudly support the following suppliers: Twomeys Butchers, O'Connells Fish, Keelings, Clona, La Rouse Foods

SANDWICHES

all sandwiches can be served on treacle soda, doorstep sourdough, ciabatta or focaccia bread

TOASTED SPECIAL	1, 7, 8, 10, 12	€8.95
house cooked gammon, Dubliner cheddar, red onion & beef tomato served with skinny fries		
ROAST CHICKEN SALAD	1, 3, 7, 8, 10	€7.95
roast chicken, tarragon mayo, beef tomato, red onion & local leaves		
BLT	1, 7, 8, 10	€10.95
bacon lettuce tomato avocado and brie served with skinny fries		
SLOW COOKED BEEF BRISKET	1, 7, 8, 10	€10.95
served with a smoky BBQ sauce, swiss cheese, rocket & cherry tomato		
OPEN WILD ATLANTIC SALMON & CRAB	1, 2, 3, 7, 8, 10	€10.95
with Atlantic prawns served with lemon & coriander mayo		
McGETTIGANS REUBEN SANDWICH	1, 3, 7, 8, 10	€7.95
Cork spiced beef, beetroot & carrot slaw, cos lettuce and emmental cheese		
ROAST CHICKEN & HOMEMADE STUFFING	1, 3, 7, 8, 10	€7.95

DESSERTS

APPLE & RHUBARB CRUMBLE	1, 3, 7, 8, 12	€6.50
with Vanilla ice cream and crème Anglaise		
WARM CHOCOLATE & WALNUT BROWNIE	3, 8	€6.50
with honeycomb ice cream		
BREAD AND BUTTER PUDDING	1, 3, 7, 8	€6.50
vanilla custard and ice cream		
McGETTIGANS RASPBERRY PAVALOVA	3, 7	€6.50
served with whipped cream & hot raspberry compote		
LEMON BRULÉE	1, 3, 7	€6.50
with shortbread biscuits		
McGETTIGANS SHARING DESSERT SELECTION (For 2)		€10.50
SELECTION OF FARMHOUSE CHEESES	1, 3, 7, 9	Small €9.95 Large €12.50
with pickled cucumber, apricot chutney, exotic fruits & cheese biscuits		

All of our poultry and beef is 100% Irish and traceable. Should you have any special dietary requirements please inform your server.