

Allergens:

- | | |
|-------------------|---------------|
| 1. Gluten & wheat | 8. Nuts |
| 2. Crustaceans | 9. Celery |
| 3. Eggs | 10. Mustard |
| 4. Fish | 11. Sesame |
| 5. Peanuts | 12. Sulphites |
| 6. Soya | 13. Lupin |
| 7. Dairy | 14. Molluscs |

If you are intolerant to any of the 14 legislative food allergens please let your server know

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**LUNCH MENU**

SERVED DAILY 12PM - 3PM

2 COURSE SPECIAL

(Available 3pm-7pm Sun-Thurs, excluding bank holiday weekends)
Enjoy a Starter & Main Course or Main Course & Dessert
for €22.50

STARTERS

TODAY'S HOMEMADE SOUP served with a crispy roll & freshly made Murphy's stout & treacle brown soda bread	1, 7, 9	€5.95
AMBASSADOR AWARD WINNING SEAFOOD CHOWDER served with a crispy roll & freshly made Murphy's stout & treacle brown soda bread	1, 4, 7, 9	€8.95
CRISPY CHICKEN WINGS served with a choice of in-house sauce or smoky barbeque sauce	1, 7, 8, 9	Small €7.95 Large €11.95
DUCK LIVER PATÉ homemade liver & herb paté served with apricot chutney & melba toast	1, 3, 7, 10	€7.95
McGETTIGANS NACHOS served with a spicy tomato salsa, homemade guacamole & sour cream, topped with melted buffalo mozzarella cheese	1, 7, 12	€9.50

SALADS

SUPERFOOD SALAD spinach, feta, avocado, beetroot & pomegranate, walnuts, organic local leaves with a honey mustard dressing	3, 7, 8, 10	€14.00
CAESER SALAD served with garlic croutons, Grana Padano, cos lettuce & crispy parma ham	1, 3, 7, 10	Small €9.95 Large €14.00
WATERMELON, GOATS CHEESE & MEDITERRANEAN VEGETABLE SALAD with a mango dressing	7, 8, 10, 12	€11.50
WARM SHREDDED DUCK watercress & orange salad with balsamic dressing	6, 8, 9, 10, 12	€16.95

MAIN COURSES

BEER BATTERED GOUJONS OF FISH & CHIPS fresh fillet of cod served with chunky tartar & skinny fries	1, 4, 7, 8, 10, 12	€16.50
10oz SIRLOIN STEAK served with crispy shallots, grilled tomato and chunky chips, a choice of Jameson peppercorn sauce or garlic & herb butter	1, 7, 8, 9, 12	€26.00
McGETTIGANS STEAK SANDWICH steak sandwich served with mushrooms & onion, a choice of garlic butter or pepper sauce & skinny fries	1, 7, 8, 9, 10	€15.95
ROAST CHICKEN served with potato & fennel, tenderstem broccoli, red pepper purée & a mushroom & tarragon cream sauce. please allow 20 minutes cooking time	7, 9, 12	€17.50
INDIAN BUTTER CURRY served with fragrant scented rice, roasted vegetables & apricot chutney	6, 7, 8, 9, 10, 12	€14.45
add Prawns	2	€4.00
add Chicken		€2.00
PIZZA FOR TWO TO SHARE served with salad & skinny fries	1, 6, 7, 13	€19.95

McGETTIGANS BURGER SELECTION

served on Waterford blaa with beef tomato, cos, sundried tomato aioli and skinny fries

IRISH WAGYU BEEF BURGER topped with grilled streaky bacon & mature cheddar cheese	1, 3, 7, 8, 10, 12	€15.75
CHARGRILLED CAJUN CHICKEN FILLET served with streaky bacon & mature cheddar cheese	1, 3, 7, 8, 10, 12	€15.50
PAN-FRIED FALAFEL BURGER with grilled mature cheddar cheese	1, 3, 6, 7, 8, 10, 12	€14.50

SUPPLIERS LIST

We proudly support the following suppliers: Twomeys Butchers, O'Connells Fish, Keelings, Clona, La Rouse Foods

SANDWICHES

all sandwiches can be served on treacle soda, doorstep sourdough, ciabatta or focaccia bread

TOASTED SPECIAL house cooked gammon, Dubliner cheddar, red onion & beef tomato served with skinny fries	1, 7, 8, 10, 12	€8.95
ROAST CHICKEN SALAD roast chicken, tarragon mayo, beef tomato, red onion & local leaves	1, 3, 7, 8, 10	€7.95
BLT bacon lettuce tomato avocado and brie served with skinny fries	1, 7, 8, 10	€10.95
OPEN WILD ATLANTIC SALMON & CRAB with Atlantic prawns served with lemon & coriander mayo	1, 2, 3, 7, 8, 10	€10.95
McGETTIGANS REUBEN SANDWICH Cork spiced beef, beetroot & carrot slaw, cos lettuce and emmental cheese	1, 3, 7, 8, 10	€7.95
WARM CHICKEN CAPRICE with basil pesto, buffalo mozzarella, bel tomato & spinach	1, 7, 8, 12	€10.95

SIDES

Skinny fries, sundried tomato aioli	1, 8, 3	€3.50
Beer battered onion rings	1, 8	€3.50
Chunky chips, sundried tomato aioli	1, 8, 3, 12	€4.00
Roasted vegetables	12	€3.50
Locally grown leaves in house dressing	10	€3.50
Sautéed mushrooms	7	€3.50
Sautéed onions	7	€3.50
Sweet potato fries	1, 8	€4.00
Super food side salad	3, 7, 8, 10	€5.00

DESSERTS

APPLE & STRAWBERRY CRUMBLE with Vanilla ice cream and crème Anglaise	1, 3, 7, 8, 12	€6.50
WARM CHOCOLATE & WALNUT BROWNIE with honeycomb ice cream	3, 8	€6.50
MALTESER CHEESECAKE served with fresh fruit purée & vanilla ice cream	1, 3, 7, 8, 12	€6.50
McGETTIGANS RASPBERRY PAVALOVA served with whipped cream & hot raspberry compote	3, 7	€6.50
LEMON POSSET with shortbread biscuits	1, 3, 7	€6.50
McGETTIGANS SHARING DESSERT SELECTION (For 2)		€10.50
SELECTION OF FARMHOUSE CHEESES with pickled cucumber, apricot chutney, exotic fruits & cheese biscuits	1, 3, 7, 9	Small €9.95 Large €12.50

All of our poultry and beef is 100% Irish and traceable. Should you have any special dietary requirements please inform your server.