

Allergens:

- | | |
|-------------------|---------------|
| 1. Gluten & wheat | 8. Nuts |
| 2. Crustaceans | 9. Celery |
| 3. Eggs | 10. Mustard |
| 4. Fish | 11. Sesame |
| 5. Peanuts | 12. Sulphites |
| 6. Soya | 13. Lupin |
| 7. Dairy | 14. Molluscs |

If you are intolerant to any of the 14 legislative food allergens please let your server know

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**LUNCH MENU**

SERVED DAILY 12PM - 3PM

2 COURSE SPECIAL

(Available 3pm-7pm Sun-Thurs, excluding bank holiday weekends)
Enjoy a Starter & Main Course or Main Course & Dessert
for €24.50

STARTERS

TODAY'S HOMEMADE SOUP served with a crispy roll & freshly made Murphy's stout & treacle brown soda bread	1, 7, 9	€6.50
AMBASSADOR AWARD WINNING SEAFOOD CHOWDER served with a crispy roll & freshly made Murphy's stout & treacle brown soda bread	1, 4, 7, 9	€9.50
CRISPY CHICKEN WINGS served with a choice of in-house sauce or smoky barbeque sauce	1, 7, 8, 9	Small €9.50 Large €13.00
DUCK LIVER PATÉ homemade liver & herb paté served with apricot chutney & melba toast	1, 3, 7, 10	€8.75
McGETTIGANS NACHOS served with a spicy tomato salsa, homemade guacamole & sour cream, topped with melted buffalo mozzarella cheese	1, 7, 12	€10.25

SALADS

SUPERFOOD SALAD spinach, feta, avocado, beetroot & pomegranate, walnuts, organic local leaves with a honey mustard dressing add chicken add beef add prawns add smoked salmon	3, 7, 8, 10	€14.75 €3.00 €4.00 €5.00 €5.00
CAESER SALAD served with garlic croutons, Grana Padano, cos lettuce & crispy parma ham add chicken	1, 3, 7, 10	Small €10.50 Large €14.75 €2.50
ARDSALLAGH GOATS CHEESE SALAD with roasted beets, avocado & walnut & rocket salad	7, 8, 10, 12	€14.00
WARM SHREDDED DUCK watercress & orange salad with balsamic dressing	6, 8, 9, 10, 12	€17.85

MAIN COURSES

BEER BATTERED GOUJONS OF FISH & CHIPS fresh fillet of cod served with chunky tartar & skinny fries	1, 4, 7, 8, 10, 12	€17.50
McGETTIGANS STEAK SANDWICH steak sandwich served with mushrooms & onion, a choice of garlic butter or pepper sauce & skinny fries add cup of soup	1, 7, 8, 9, 10	€16.75 €2.25
ROAST CHICKEN served with creamy herb garlic gratin, a roasted vegetable puree and a red wine jus	7, 9, 12	€18.50
THAI RED CURRY served with fragrant scented rice & apricot chutney add chicken add beef add prawns	6, 7, 8, 9, 10, 12	€15.00 €3.00 €4.00 €5.00
PIZZA FOR TWO TO SHARE served with salad & skinny fries Choose 3 toppings Extra toppings	1, 6, 7, 13	€21.50 €1.00

McGETTIGANS BURGER SELECTION

served on Waterford blaa with beef tomato, cos, sundried tomato aioli and skinny fries

McGETTIGANS BEEF BURGER 100% Irish mince beef topped with mature cheddar cheese lettuce, beef tomato		€16.70
IRISH WAGYU BEEF BURGER topped with grilled streaky bacon & mature cheddar cheese	1, 3, 7, 8, 10, 12	€20.50
CHARGRILLED CAJUN CHICKEN FILLET served with streaky bacon & mature cheddar cheese	1, 3, 7, 8, 10, 12	€16.75
PAN-FRIED FALAFEL BURGER with grilled mature cheddar cheese	1, 3, 6, 7, 8, 10, 12	€15.25

SUPPLIERS LIST

We proudly support the following suppliers: Twomeys Butchers, O'Connells Fish, Keelings, Clona, La Rouse Foods

SANDWICHES

All sandwiches can be served on our home-made treacle brown soda (open), ciabatta, focaccia or thick doorstep white or brown breads from the Alternative Bread Company.

Sandwiches are served with our house salad on the side.

Add a cup of soup €3.00. Add skinny/chunky fries €3.00

TOASTED SPECIAL house cooked gammon, Dubliner cheddar, red onion & beef tomato	1, 7, 8, 10, 12	€8.95
ROAST CHICKEN SALAD roast chicken, tarragon mayo, beef tomato, red onion & local leaves	1, 3, 7, 8, 10	€8.75
BLT bacon lettuce tomato avocado and brie served with skinny fries	1, 7, 8, 10	€11.50
OPEN WILD ATLANTIC SALMON & CRAB with Atlantic prawns served with lemon & coriander mayo	1, 2, 3, 7, 8, 10	€11.75
McGETTIGANS REUBEN SANDWICH Cork spiced beef, beetroot & carrot slaw, cos lettuce and emmental cheese	1, 3, 7, 8, 10	€8.75
ROAST OF THE DAY SAMBO succulent slices of the roast joint cooked on the day ask your server for details	1, 7, 8, 12	€10.95

SIDES

Skinny fries, sundried tomato aioli	1, 8, 3	€3.95
Beer battered onion rings	1, 8	€4.50
Chunky chips, sundried tomato aioli	1, 8, 3, 12	€4.50
Roasted vegetables	12	€3.95
Locally grown leaves in house dressing	10	€3.95
Sautéed mushrooms	7	€3.95
Sautéed onions	7	€3.95
Sweet potato fries	1, 8	€5.00
Super food side salad	3, 7, 8, 10	€5.50

DESSERTS

APPLE CRUMBLE with Vanilla ice cream and crème Anglaise	1, 3, 7, 8, 12	€7.50
WARM CHOCOLATE & WALNUT BROWNIE with honeycomb ice cream	3, 8	€7.50
HOUSE CHEESECAKE served with fresh fruit purée & vanilla ice cream	1, 3, 7, 8, 12	€7.50
McGETTIGANS RASPBERRY PAVALOVA served with whipped cream & hot raspberry compote	3, 7	€7.50
WHITE CHOCOLATE & ORANGE CRÈME BRULÉE with shortbread biscuits	1, 3, 7	€7.50
McGETTIGANS SHARING DESSERT SELECTION (For 2)		€11.50
SELECTION OF FARMHOUSE CHEESES with pickled cucumber, apricot chutney, exotic fruits & cheese biscuits	1, 3, 7, 9	Small €10.50 Large €11.50

All of our poultry and beef is 100% Irish and traceable. Should you have any special dietary requirements please inform your server.