

Email: info@mcgettiganscookhousedublin.ie
 Website: www.mcgettiganscookhouse.ie
 Phone: 018559638 ● Amiens St. Dublin 1

Facebook.com/McGettigansCookhouseBar
 Twitter.com/mcgettigansdub



ALLERGEN LIST

- | | |
|------------------|--------------|
| 1 Gluten & wheat | 8 Nuts |
| 2 Crustaceans | 9 Celery |
| 3 Eggs | 10 Mustard |
| 4 Fish | 11 Sesame |
| 5 Peanuts | 12 Sulphites |
| 6 Soya | 13 Lupin |
| 7 Dairy | 14 Molluscs |

McGETTIGANS SANDWICH SELECTION

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| 6oz SIRLOIN STEAK SANDWICH 1 Wheat,3,12
on toasted black olive ciabatta with semi roasted tomatoes, sweet balsamic, rocket and horseradish mayo | 12.00 |
| BAKED HAM AND MONTEREY JACKS CHEESE 1 Wheat,7,10,3
on toasted glass bread with cos lettuce, spring onion, cucumber, and light mustard mayonnaise | 8.75 |
| OPEN CRAYFISH 1 Wheat,2,3,4
on cookhouse Guinness bread with smoked salmon in a dill and lime mayo | 9.50 |

McGettigans Signature Sandwich

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| CLUB SANDWICH (<i>on toasted sour dough</i>) 1,3,7
a triple-decked sandwich with bacon, chicken, lettuce and tomato & egg | 10.75 |
| SANDWICH OF THE DAY - <i>Please ask your server</i> Priced Daily | |

Add small chips or soup of the day to any of our sandwiches for 2.50

McGETTIGANS BURGER SELECTION

All served with Cookhouse Skinny Fries

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| 7oz HOME MADE STEAK BEEF BURGER 1 Wheat,3,7,11 (medium)
with baby gem lettuce, beef tomato smothered in monterey jacks cheese and topped with gherkins and crispy onions with a wasabi aloli, charcoal brioche bun | 17.75 | (add Pancetta 1.25) |
| CHARGRILLED CHICKEN BURGER HARISSA 1 Wheat,3,7,11
with lettuce, tomato, buffalo mozzarella and Harissa aioli, charcoal brioche bun | 16.95 | |
| FALAFEL BURGER 1 Wheat,3,7,11
cos lettuce, tomato, Greek yogurt, charcoal brioche bun | 15.50 | |

McGettigans Signature Dish

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| SLOW COOKED RIB OF BEEF 6,1,12,10
with soy glaze, crispy shallots, roast baby carrots and skinny fries | 20.95 |
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MAIN COURSES

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| 100z RIBEYE STEAK ** 9,10,12,7
with chunky chips, bone marrow butter and watercress salad
sauces - Red wine jus, pepper sauce (optional) | 25.95 |
| COOKHOUSE FISH N' CHIPS 1 Wheat,4,3
tempura battered fillet of fresh cod, chunky tartar
sauce, pea purée, caramelised lemon, skinny fries | 16.95 |
| ROAST BUTTERNUT SQUASH RISOTTO 7,10,12
Cashel blue cheese, toasted pine nuts and dressed watercress salad
(add Chicken 4.50) | 14.50 |
| FRESH MARKET FISH - <i>Please ask your server</i> | Priced Daily |
| DISH OF THE DAY - <i>Please ask your server</i> | Priced Daily |

STARTERS

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| HOMEMADE SOUP OF THE DAY 1 Wheat,7
with Guinness Bread | 6.25* |
| CHICKEN WINGS * 12,7,9,3
McGettigans hot sauce, Cashel blue dip, celery | sm 8.50/13.25 lg |
| FISHCAKE 4,3,7,1 Wheat
organic salmon on a bed of samphire
and served with a saffron butter sauce | 9.95 |
| BURRATA SALAD 7,8,12
Serrano ham, candied walnuts, mixed leaf salad, burnt honey and orange marmalade | 8.75 |

McGettigans Signature Starter

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| WET CURED ORGANIC SALMON 1 Wheat,4,7,12
with seaweed spiced butter and cookhouse wholemeal Guinness bread | 10.95 |
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Under 500 Calories

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| CAESAR SALAD 7,4,3
cos lettuce, smoked bacon, garlic croutons, hens egg, shaved parmesan & Caesar dressing | sm 8.50/12.95 lg |
| SUPERFOOD SALAD 8,10
avocado, kale, quinoa, roasted hazelnuts, broccoli, squash, goats cheese and honey mustard dressing | sm 9.95/14.25 lg |
| GRILLED DUCK 6,11,8,12,1 Wheat
poached pear salad, walnuts, ginger and black sesame dressing
Add Chicken 4.50 | 14.95 |

SIDES

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| COOKHOUSE FRIES 1 Wheat | 4.25 |
| CHUNKY CHIPS 1 Wheat,12 | 4.50 |
| SWEET POTATO FRIES 1 Wheat,12 | 4.95 |
| TEMPURA BATTERED ONION RINGS 1 Wheat | 4.50 |
| BABY POTATOES | 4.25 |
| CHARD TENDERSTEM BROCCOLI 5,12
roast fennel and lemon oil dressing with toasted pine nuts | 4.95 |

LUNCH MENU

SERVED DAILY 12PM - 3PM

Full a la Carte Menu &
 2 Course special
 for 24.50
 Served from 3pm

PIZZA

- 12" Gourmet Pizzas made with our own recipe Tomato & oregano sauce**
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| MARGHERITA 1 Wheat,7
semi roasted tomatoes, mozzarella, oregano,
extra virgin oil and rocket | 13.50 |
| CHICKEN PROVENCAL 1 Wheat,7
fragrant chicken, roast garlic, capers, olives with herbs of provence | 16.95 |
| MEAT FEAST 1 Wheat,7,12
spiced pepperoni, crispy bacon, Sarrano ham and fragrant chicken | 16.95 |
| VEGETARIAN 1 Wheat,7
artichoke hearts, creamed spinach, mozzarella and rocket | 15.95 |

DESSERTS

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| BLOOD ORANGE SPONGE 1,3,7,8
with mixed berry consomme, candy walnuts and vanilla ice cream | 6.00 |
| LEMON PIE 7,3,1,8
topped with caramelised Italian meringue | 6.00 |
| COOKHOUSE PROFITEROLE 3,7,1 Wheat,8
filled with Co. Wexford hazelnuts ice cream glazed with chocolate sauce | 6.00 |
| CARAMELISED WHITE CHOCOLATE
CREME BRULEE 1 Wheat,3,7,8 Almond
with homemade olive oil cookie | 6.00 |
| COOKHOUSE CARROT CAKE 7,3,1 Wheat,8 Almond
vanilla ice cream | 6.00 |
| DESSERT OF THE DAY | Priced Daily |

Ask server for allergens

SUPPLIERS LIST

We proudly support the following suppliers: FD meats, M&K meats, Dorans on the pier, Kish Fish, Larousse & Keelings

All of our beef is 100% Irish and traceable. Should you have any special dietary requirements please inform your server.