

LUNCH MENU

(SERVED DAILY 12.00pm - 3.00pm)

Full a la Carte Menu

STARTERS

SOUP OF THE DAY 1,7 GFA Served with rustic bread	6.50
POTTED DONEGAL CRAB 1,2,3,7 GFA Watercress, capers, mayo & toast	8.95
McGETTIGANS SEAFOOD CHOWDER 1,2,4,7,14 GFA Cream based with fresh seafood and shell fish, rustic bread	8.95
CAESAR SALAD 1,2,4,7 GFA Baby gem, parmesan, crispy bacon (Add chicken 3.00)	8.50/12.50
SLOW ROAST BABY BACK RIBS 1,3,6,11 Ginger & Hoisin sauce, watercress salad	8.50
CRISPY CHICKEN WINGS Your choice house made hot sauce (7), terriyaki glaze (1,6,11) or BBQ sauce (6,11) all served with a blue cheese dip (7)	8.50/10.50

UNDER 500

(Guilt free meals below 500 calories)

McGETTIGANS SUPERFOOD SALAD (400 Calories) 8,7,10 Spinach, baby gem, kale, quinoa, sweet potato, walnuts, avocado, broccoli, feta, vinaigrette, beetroot add Chicken 3.00; add Beef 4.00; add Prawns 4.00; add Smoked Salmon 4.00; add Halloumi Cheese 3.00	15.00
AVOCADO & SHRIMP COCKTAIL (330 Calories) 2,3,4,6,10 Iceberg lettuce, brandy flavoured cocktail sauce	17.50
SEAFOOD LINGUINI (490 Calories) 1,2,3,4,7,14 Linguini, tiger prawns, mussels, lemon vermouth cream, coriander & parmesan	18.95
GOATS CHEESE SALAD (495 Calories) 7,8,10 Mixed leaves, green lentils, beetroot, broccoli, sun dried tomato, green beans, toasted cashews, figs, pomegranate, berry & balsamic coulis add Chicken 3.00; add Beef 4.00; add Prawns 4.00; add Smoked Salmon 4.00	15.00



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McGETTIGANS GOURMET SANDWICH SELECTION

OPEN PRAWN COCKTAIL AND SMOKED SALMON 1,3,4,6,7,10 Lettuce, avocado, marie rose sauce, homemade brown bread, smoked salmon	10.95
McGETTIGANS CLUB SANDWICH 1,3,10 with chicken, avocado, bacon, egg, lettuce, tomato & mayo	12.95
STEAK, ONION AND MUSHROOM 3,7 Lettuce, tomato and chipotle mayonnaise	13.50
BAKED HAM & EMMENTAL 1,3,6,7,10,11 with tomato, lettuce and chipotle mayonnaise	8.50
GOURMET SANDWICH OF THE DAY 1,3,7,10 Please see blackboard	Priced Daily

Add a small soup or skinny fries 3.00

MAIN COURSES

10 oz SIRLOIN STEAK Roasted shallots (14), peppercorn sauce, rocket, lemon oil	25.95
VEGETABLE STIR FRY 1,3,6,9,11 GFA EFA with rice or noodles add Chicken 3.00, add Beef 4.00, add Prawns 4.00	16.50
McGETTIGANS FISH and CHIPS 1,3,6,10 Tempura battered fillet of fresh cod, home-made tartar sauce and pea puree. Cookhouse fries	16.95
ROAST CRISPY HALF DUCKLING 1,3,6,9,11 GFA Berry sauce, stir-fry vegetables & egg noodles	19.75
SEA BASS FILLET 2,4,7 Creamy mash, buttered green beans, Atlantic shrimps & vermouth cream sauce	19.95
ANTIPASTI BOARD 1,4,6,7,10,11 Selection of smoked and cured meats, smoked Irish salmon, hummus, olives, mixed leaves, rustic bread	9.95/15.95
TAGATELLIE CARBONARRA 1,3,7,10 (add these options: Chicken 3.00, Beef 4.00, Pork 4.00)	16.95

For today's Chef specials please see your server

SUPPLIERS LIST

We proudly support the following local suppliers:
Doyle Meats, Kish Fish, Doyle's Veg, La Rousse and Cuisine de France.

BURGERS

8oz IRISH BEEF BURGER 1,7,10 Lettuce, tomato, onion, smoked applewood cheese, chipotle mayonnaise, brioche bap	15.95
MARINATED CHICKEN BURGER 1,3,7 Chicken fillet Marinated in Frank's hot sauce, iceberg, tomato, avocado mayo	15.95
FALAFEL BURGER 1,3,7,11 Lettuce, avocado mayonnaise, pickles & hummus tomato, served in a brioche bun All burgers served with cookhouse fries. Add bacon, Add cheese, Add Jalapeno 1.00	15.50

PIZZA

12" Gourmet Pizzas made with our own tomato & herb sauce

*COOKHOUSE VEGGIE 1,7,12,13 Artichoke, olive, mushroom, mozzarella, basil, pepper, rocket pesto	13.95
*COOKHOUSE MEAT LOVER 1,7,12,13 Salami, chorizo, smoked pancetta, pepperoni, red onion	15.50
*COOKHOUSE SPECIAL 1,7,12,13 PRICED DAILY	
*CLASSIC MARGHERITA 1,7,12,13	13.50

Additional toppings 1.00
Mixed peppers, mushrooms, bacon, red onion,
pepperoni, salami, ham, sausage, jalapeno

SIDES

TOASTED SOURDOUGH & CHEESE 1,7	4.50
GARLIC BREAD 1,7	4.00
CAESAR SALAD 1,3,4,7 GFA	4.00
COOKHOUSE SKINNY FRIES	4.00
BUTTERED SEASONAL VEGETABLES 7	4.00
CHUNKY CHIPS	4.50
MIXED LEAF SALAD, LEMON OIL 10	4.50
GUINNESS BATTERED ONION RINGS 1	4.50
SWEET POTATO FRIES	4.50
CREAMED POTATOES 7	4.00
SAUTÉED MUSHROOMS & ONIONS 6,7	4.00

DESSERTS

*CLASSIC CRÈME BRULÉE - Caramel glass 3,7	7.25
*CHOCOLATE MOUSSE - Orange confit 3,7	7.25
McGETTIGANS CRUMBLE - Vanilla bean Ice cream 1,3,7	7.25
*BREAD & BUTTER PUDDING - Vanilla bean Ice cream 1,3,7	7.25
*WARM CHOCOLATE BROWNIE - with vanilla bean Ice cream 1,3,7	7.25
*ICE CREAM SELECTION - Cookhouse cookie 3,7	6.50
*FRUIT PLATE <i>Please check for Allergens</i>	7.25
SELECTION OF CHEESES 1,7,8 with crackers & onion confit	9.95

All of our beef is 100% Irish and traceable. Should you have any special dietary requirements please inform your server.

ALLERGEN LIST: 1 Gluten & Wheat, 2 Crustaceans, 3 Eggs, 4 Fish, 5 Peanuts, 6 Soya, 7 Dairy, 8 Nuts, 9 Celery, 10 Mustard, 11 Sesame, 12 Sulphites, 13 Lupin, 14 Molluscs.